

Our favourite drugs : a potted history

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Since colonial times, our favourite mind-altering substance has been alcohol; however, our views about such substances, our use of them, and treatment for addiction have varied considerably. Currently, we are revisiting the role of psychedelic drugs, and examining the benefits of using cannabis (e.g. CBD oil) and of micro dosing with psilocybin mushrooms.

Young people are less likely to drink alcohol. Smoking cigarettes is so last century. So how did we get here? My presentation dips into the history of drug use and treatment from colonial times to the present day.