

March 2020 e-Voice

U3A Sunshine Coast Inc.

c/- University of the Sunshine Coast
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Travel Chat

First meeting for Travel Chat for 2020,

We had a wonderful rollup of 46 excited members to start the year, along with a fabulous presentation on South America- the Inca Empire.

We have term 1 & 2 filled for presenters and we are inviting our members & others to put their hands up for term 3 & 4.



Upcoming Events in 2020

March 14

New Member Meeting

March 28

Term 1 ends

March 29

Choir Performance –
"Hilltop"

May 2

AGM

July 18

Trivia

October 17

Master Lecture Series

What's New This Year!

- ✚ Genealogy: Tracing your Family History
- ✚ Ukulele Beginners
- ✚ Intermediate Drawing and Watercolour
- ✚ International Dining Group 2
- ✚ History of Ancient Greece

Acting President's Report

Dear Members,

Preparations have commenced for our next major event of the year, the Annual General Meeting, now to be held on May 2 and we welcome our members to attend and be informed about your organisation's progress, achievements and future plans in the Annual Report.

By the closing date in February, the Management Committee had received 7 nominations for **Life Members**, those deemed worthy by their students or fellow volunteers, for their outstanding service to the organisation. These members, namely Bruce Dawes, Ian Wilson, Jim Hales, John D. Cooper, Mara Miller, Patricia Barry and Myra Timmerman, will receive both certificates and Life Member badges at the AGM. I encourage you to come along and support your chosen nominees. Any nominee unable to attend will have their certificate and badge personally delivered to them.

We will also welcome this year's three chosen USC students who will be presented with their **bursaries** and address speeches of thanks to outline their aspirations and how they will make use of their funds.

The final amendments to our constitution will be circulated shortly, and members will have their chance to vote on these changes at the AGM.

Elections will also take place for the members of the Management Committee. It is heartening that current members have expressed a willingness to 'sign up' for another year. However, there is still a need for further nominations, and if anyone is interested in accepting this challenge, nomination forms will be available in the office to email out to you.

Finally, we are hoping that the Vice-Chancellor of USC, Professor Greg Hill will be able to attend to address us before he retires in August this year.

Professor Hill has provided the U3A Sunshine Coast with excellent support in all our endeavours, especially in the provision of resources, such as the use of the Innovation Centre, the golf buggies and the student ambassadors for our Open Day – and of course the invaluable and ongoing support in providing the U3A with both office and teaching space at the university.

I do encourage you to put May 2nd on your calendar, and take the opportunity to come along and show your appreciation too.

And if you'd like to volunteer to help on the morning, please contact the office on 54301123, any time between 9am and 12 on Monday to Friday and provide your name and contact details.

Sincerely, *Glyni Cumming*

Acting President – University of the Third Age (U3A) Sunshine Coast Inc.

E: president@u3asunshine.org.au

www.u3asunshine.org.au

“Life, Learning, Laughter” M: 0448194264

U3ASC Updates

Membership

New Members	88
Total Members 2020	2028

Courses for 2019

Courses	124
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Office

The U3A office Hours 9am to 12 noon weekdays.

Excluding Queensland Public holidays.

U3A SC Facebook Page

Would you like up-to-date news and information? Photos of events?

You will get the latest U3A News and the chance to add your comments or interest in events that are posted there.



<https://www.facebook.com/>
search for U3A Sunshine Coast

When the pages opens up, just click "Like".

From then on you will receive any messages/news we add.

Facebook Editor: Jim Hales
jazzejim@outlook.com

U3A Lecture Series, Term 1.

Caloundra

Wednesdays 1:30 to 3:30pm.

Class Captain: Ian Wilson, email ianjudith.wilson@bigpond.com

4 March : Dale Jacobsen – John Russell – Antarctic Engineer

11 March : Darrel Roche – Alexander the Great

18 March : Karl Tietze – The Goldfish Bowl – Computer and Internet Safety, or lack thereof

25 March : Alex Crandon – Sex – Everything you Need to Know

Maleny

Tuesdays 9:30 to 11:30am.

Class Captain: Marty Foster, telephone 5494 1212 or 0414 693 660

4 February : Dr Mary Garden – Sundowner of the Skies

11 February : Andrew Edmonds – Cyber Awareness – Lessons from recent phone scams

18 February : Paul Ryan – An Itinerant Forester

25 February : Lee Myers – Albert Namatjira

3 March : Lidia Kardos – A Boy from Zara

10 March : Bob Railton – Pride and Prejudice : Our Convict Ancestors – Petty Thieves or Hardened Criminals ?

17 March: Gwyn Jarrott – Iran – its Persian people, poets & empire

24 March: Gwyn Jarrott – New Silk Roads – A Trillion \$ Gamble

Mudjimba

Thursdays 1 to 3pm.

Class Captain: Bob Brady, telephone 0408 061 425 or email

cherylbrady36@yahoo.com.au

5 March: Tim Metterlekamp – Botswana

12 March: Ken Granger – Some Volcanoes I have met

19 March: Sam Bateman – Looking West – Australia and the Indian Ocean

26 March: Lee Myers – Albert Namatjira

Nambour

Wednesdays 9:30 to 11:30am.

Class Captain: Katharine Butler Phone 5456 2526

4 March: Lee Myers – Albert Namatjira

11 March: Syd Kirkby AO, MBE, Polar Medal – Australia's Frozen Frontier

18 March: Lidia Kardos – A Boy From Zara

25 March: Dr Ken Lynn – Exploring the Ocean Depths

USC – Sippy Downs

Tuesdays 9 to 11am.

Class Captain: Ann Main, telephone 5479 1808

3 March: Nikki Creber _ History of Parkinsons Nurse in our District

10 March: Lee Myers – Albert Namatjira

17 March: Peter Benkendorff – Cement Production

24 March: Ken Granger – Some Volcanoes I have met

MANAGEMENT COMMITTEE UPCOMING MEETINGS

U3A Strategic Plan Review

The Management Committee is pleased to advise that planning is well in hand for the review of the current Strategic Plan for the Association. The Strategic Plan guides the Association and Management Committee in its endeavours to fulfil its role as a U3A and meet current future needs of U3A Members.

The review will be held on 9 May 2020 at USC with approximately 30 people in attendance. It is proposed to invite representatives from the University of Sunshine Coast and Sunshine Coast Council amongst others to attend along with the Management Committee. Interested members who may wish to contribute to the future of U3A are invited to nominate to come along and participate.

Please contact the U3A office by 17 April 2020 if you are keen to attend.

Queensland U3A Network State Conference

The next U3A state conference has been announced and is being held 2 -3 June, 2020 at Redland Performing Arts Centre Cleveland. There are great speakers to educate & inspire, and activities for learning & enjoyment.

Why not discover what is happening in U3A across Queensland and beyond by attending this not to be missed event. Network with colleagues across the state and make new friends.

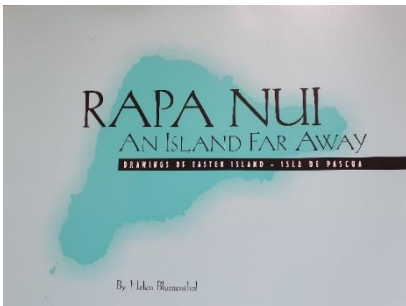
The venue is single level with parking with no time restrictions.

Enjoy a pre-conference day trip to beautiful Stradbroke Island

Further information: Network conference site www.u3aqlconference.org

MORE U3A NEWS....

Free Book available



U3A member Ruth Rix has given us a dozen copies of her mother, Helen Blumenthal's last book "Rapa Nui An Island Far Away"

Helen was an artist, a writer, an inaugural member of the U3A Sunshine Coast and a good friend of our founder, Frayda Myers Cooper.

The book is an artist and art lover's delight, filled with black and white annotated sketches of that most intriguing place, Easter Island. If you would like a copy, drop in to the U3A Office - or give them a call first on 54301123 to make sure there's one left

CRAFTS, PATCHWORK AND QUILTING

Our group of around 20 members meets at the Mudjimba Community Hall and has been going since October 2019, made up of a pre-existing group of Patchwork, Quilters and Craft, now U3A members, as well as others from U3A. We enjoy cross stitch, tapestry, knitting, crochet, embroidery, applique, patchwork, quilting, card making and anything that a participant wishes to do. Our motto is "3 stitches – or the equivalent." That is, we must accomplish something in the afternoon. Optional workshops are run as required - "learn to crochet", crazy patch quilt. Great discussions are held over afternoon tea.



U3A Sunshine Coast Choir
 Conductor: Kate Jeffes
 Accompanist: Peter Williams

Hilltop

with
U3A Tap Dancers
 and
 Popular Cover Music Duo

Ransom

When: Sunday 29 March 2020
 Where: Buderim Memorial Hall
 Time: 2-4pm Entry: \$15 includes afternoon tea

MUSIC MAKERS BAND

The U3A Music Band performs at nursing homes and retirement villages on the Sunshine Coast throughout the year offering people an opportunity to enjoy some great music performed live.

The band performs two to three times a month and brings live music to many people who may not otherwise have the opportunity. Their performances over the next two months are:

MARCH

4 Blue Care, The Glebe, Dicky Beach
 19 Mount Coolum Nursing Home

APRIL

2 St Mary's Aged Care, Pelican Waters
 16 Immanuel Nursing Home, The Terrace
 30 Currimundi Gardens, Oz Care, Currimundi

CLASSICAL MUSIC APPRECIATION

The Classical Music Appreciation Class has been meeting for over twenty years, and is now at the Buderim Uniting Church Hall. After an informative introduction, we learn about and listen to wonderful classical recordings on our CD player. Our group of thirty-nine members are enthusiastic and some choose to compile and present their own interesting programmes.



10 PIN BOWLING 10 pin bowling has been going for seven years. We are a friendly non-competitive group just there to have fun. We bowl at Suncity Bowls in Mari Street Alexander Headland. We currently have 21 bowlers and we get together at the surf club a few times a year for lunch.

WHAT HAPPENED IN FEBRUARY?

Health Service Planning Workshop – held 13th Feb



Tutor coordinator Wayne Curran and MASS Officer Grant Matthews, either side of facilitator Rebecca Norton.

Dorothy Roache, Lorraine Ashton, Clare Moore

The Sunshine Coast Hospital and Health Service (SCHHS) reached out to community members to participate in discussion groups to work together on defining the priorities for SCHHS to best support health and wellbeing for you, your families and friends, and those most vulnerable living in our community.

The SCHHS Master Clinical Service Plan (MCSP) 2020-2030 will be the 10-year roadmap for the delivery of healthcare services to meet the growing and evolving healthcare needs of our community. It will drive the changes we need to make to what and how services are provided over time.

They were interested in your ideas for how they can help you remain healthier in your home and how they can deliver services in new and improved ways over the next decade.

They held two sessions at the University of the Sunshine Coast campus, which included a summary of the trends and challenges facing the region over the next ten years, followed by a facilitated discussion.

U3A GLOBAL SEMINAR – TOOWOOMBA



Professor Francois Vellas with
Acting President Glyni
Cumming

Last week, Toowoomba U3A, led by their dynamic President Rhonda Weston, hosted a most remarkable and inspiring seminar entitled “U3A Globally”.

Guest of honour was Professor Francois Vellas, the President of the Association of International U3A's, of which Toowoomba is the only Australian member.

Professor Vellas' father founded the now international University of the Third Age, at the University of Toulouse in 1973 where senior citizens still regularly attend lectures, and contribute to intergenerational knowledge and experience. He joked about the 25% male to 75% female ratio of members: “Men don't go to our U3A as much as women because they think they know everything!” Our challenge is to identify those subjects that really appeal to men, as our age group certainly provides a growing market.

Professor Vellas also spoke with great enthusiasm about the organisation's current ventures: Senior Study Tours. Their first excursion in 2019, with 170 participants from U3A's around the globe, was to China, which has 19,300 U3A's and 1.81 million members. Apart from traditional visits to historic sites like the Terracotta Warriors, there were some amazing visits to a variety of U3A complexes, providing for retirees from very specific employment.

The seminar opened with an official evening reception hosted by Toowoomba Regional Council Mayor Paul Antonio in their beautiful and historic City Hall. A full Thursday was opened by Councilor Geoff McDonald and apart from Professor Vellas featured a range of speakers, such as from COTA and Southern Queensland Country Tourism, whose presentation focused on the contribution of Education students to the economy, and the consequences to the industry from the coronavirus outbreak. After lunch we also heard from the U3A Network State Presidents from Victoria and Queensland. Mind-stretching PowerPoint accompanied most of the presentations. Cobb and Co Museum was a charming and fascinating venue for the evening dinner.

On Friday those who stayed were treated to a morning tea visit to USQ where they met a number of the academic staff members who encourage U3A members to attend their lectures. Many more supportive and enthusiastic members attended the closing lunch at their U3A headquarters in the local Philharmonic Performance Complex.

Your Acting President Glyni Cumming has already invited Professor Vellas and his wife to visit the Sunshine Coast U3A when he returns in a few years' time – and perhaps by then, U3A Sunshine Coast will also have joined, to become international members of AIUTA, and perhaps offer to host the next AIUTA International Congress in 2023?

Glyni Cumming



“U3A Globally”, President Rhonda Weston, with her management team, Tutor and Course Coordinator David Weston, and special guest, Professor Francois Vellas, President of AIUTA.