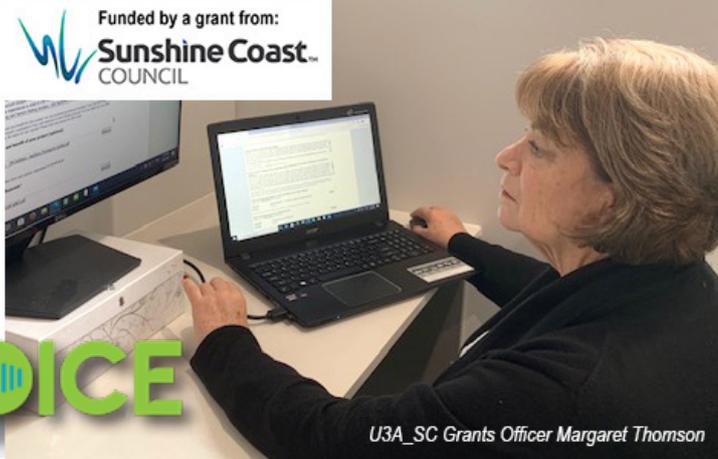




University of the Third Age

SUNSHINE COAST | JUNE 2020



U3A_SC Grants Officer Margaret Thomson

Sunshine Coast Council funds copier for U3A office

After many years, U3A Sunshine Coast's photocopier/printer has reached its used-by date but our Grants Officer, Margaret Thomson, with technical help from Vice President John Saint-Smith, recently applied for and received a \$5600 grant from Sunshine Coast Regional Council to buy a new machine.

President Glyni Cumming said the acquisition of the copier/printer would be a valuable addition to the U3A office, and that members appreciated the grant from the Council to enable its purchase.

The new machine is essentially an update of the old machine, with similar functions and capabilities. It will print in colour and black and white at speeds up to 25 pages per minute at high resolution, up to 1200 dots per inch.

The photocopier will be located in the Tutor's room, where it will be directly accessible to tutors, including outside office hours.

Each photocopying job should be logged in the register kept near the copier, to enable office staff to keep track of the usage patterns.

Tutors who wish to receive an introduction to the new copier, should wait until office staff return and have a chance to familiarise themselves with the equipment.

Mudjimba Lecture Group back in Community Centre

The Mudjimba U3A Lecture Group meets at 1pm on Thursdays at the North Shore Community Centre at 701 David Low Way Mudjimba.

The Centre has now eased its restrictions on numbers; hence, there are now some vacant spots available for audience members to attend the remaining lectures.

Class captain Brian Holliday, said it's important that new people wishing to attend contact him prior to attending at bholliday47@gmail.com 0403 668701.

Numbers will be limited by social distancing requirements. Lectures still to be held there this term are:

- 11 June - Kate Heffernan - Australian Wildlife Conservancy
- 18 June - Elizabeth Clarke - Crooked Innkeepers, Bars and Brothels in ancient Italy.



Buderim Discussion Group connects on Facebook

U3A Buderim Discussion Group is using Facebook to stay connected with their members. Anne Lyons Co-Tutor, says they aren't 'zoom'-ing. "Instead, we've created an online "whiteboard" on Facebook, where our group can post and comment on topics."

"On the virtual whiteboard, which is a private group page, members may post topics for discussion."

To find out more or to join the group, go to the Facebook page at www.facebook.com or Anne for further action, or email Anne directly at lyonroar@icloud.com.



WHAT'S HAPPENING IN U3A

PRESIDENT GLYNI CUMMING'S MESSAGE TO U3A SUNSHINE COAST MEMBERS



Dear Members,

The challenge of Coronavirus: What is it that makes life worth living?

Surely this is a question we have been pondering during this time of social isolation and restriction of our normal movements. Some of us have been feeling a bit sad, without our usual range of enjoyable U3A activities. Our families can reach out to us, they text us or call us, to remind us that we are still loved.

However, we don't need to wait for those calls – we are all in the same boat, and we can also help others, just by initiating the call ourselves. Everyone needs a little bit of reassurance at this challenging time.

Successful grant application

We have just had the best news from our Management Committee member, Margaret Thomson, whose 39 hours of effort has paid off, and U3A Sunshine Coast has been successful in its application to the Sunshine Coast Council for funding, to quote: "Major Grants Community Development March 2020. Congratulations! The Sunshine Coast Council is pleased to advise that your application for funding for the

project titled 'U3A Sunshine Coast Acquisition of a colour photocopier machine' has been successful and has been funded to the amount of \$5,604."

MC Member John Saint Smith, who is now our Vice-President, has retained his former Equipment portfolio, and he will be pleased to now go shopping for this much-needed replacement photocopier machine.

New Management Committee

With nominees to fill every position, there was no need for an online election, so your incoming Management Committee is up and running - currently to their Zoom meetings. Every member of the Management Committee has a specific and positive role to play and we formally welcome our two new members to the team.

Bernadette Moore impressed the committee prior to joining us, with her positive attitude towards our organisation. "U3A presents a unique opportunity to immerse the principles of active, lifelong learning in a socially diverse but inclusive environment."

Bernadette is a student of our French classes, enjoys bridge, a book group, and she plays Pickleball. She has also presented a series of talks on her adventures walking the Spanish Camino de Santiago. Bernadette's brief is to develop the role of 'Member Liaison'.

John Armstrong has stepped into the role of our Communications Officer. John comes from a lifetime of experience as editor of his own magazines and is initiating significant and positive changes to the design, format and distribution of e-Voice.

Although John has an excellent support team, more volunteers are welcome to help promote our organisation to the wider community.

We are indeed lucky to have these good folk join us...

Date Claimers for Semester 2

When are we going back to class? Dates regarding easing restrictions rapidly change. Where do we stand? It's all about our venues: the USC, our host, plans to reopen on July 20th,

in time for Semester 2. Provided we have approval from the university, we will reopen our office the week before to take registrations for courses – and I will be inviting our Office Volunteers back to work.

This is the latest information from Council regarding its venues: "In accordance with the Queensland Government's step-down approach to eased restrictions. Under Stage 2 restrictions, effective from Monday, 8 June Sunshine Coast Council's Councils owned and operated Community Spaces will be reopening for bookings with a maximum of 20 attendees or 1 person per 4m², whichever is the lesser. Please note, no contact sports will be permitted.

Your Management Committee thanks and is truly impressed by our more than 20 tutors who have gone on line to present their classes via Zoom or another digital platform.

And some small groups like cycling, where it is easy to practise physical distancing, are running, having split into two groups of 10 each.

Annual General Meeting

So it's been ages since we've been able to post a Date Claimer, but if restrictions are lifted as planned and the university reopens, we plan to hold a rescheduled Annual General Meeting on Saturday August 8th.

At this meeting we will present Life Membership awards, pass constitutional changes, and welcome this year's three USC students chosen to be our bursary winners. We won't hold an election for the Management Committee but we will need to confirm our audited financial statement, posted online.

We anticipate that our guest speaker will be from the University, and we will undoubtedly hear more about how tertiary institutions have been affected by the Coronavirus shutdown. In the meantime, stay well, stay safe, enjoy the current simplicity of our lives, and see you all back at U3A activities soon...

Sincerely,

Glyni Cumming
President

CAPTAIN NEEDED FOR U3A LECTURES CALOUNDRA

U3A Lectures Caloundra urgently need a new Captain. These are the duties of the Captain:

- Telephone an already arranged speaker beforehand
- Transport equipment to and from the venue
- Arrange set up and take down of chairs and tables
- Arrange audio-visual assistance
- Introduce the guest speaker
- Arrange for afternoon tea
- Maintain an attendance list
- If you can help out please contact Lyn Lovell lynlovel@gmail.com.

ART & ENTERTAINMENT ONLINE

INDULGE YOURSELF CREATIVELY FROM THE SAFETY OF HOME

Although we have not been able to attend most of our U3A activities, there are nevertheless an amazing array of offerings from art galleries, orchestras, opera, art galleries and on IView for us to indulge in online.

With all these wonderful offerings along with online grocery shopping during this isolation period one benefit is that we have been able to hone our technology use skills.

Here are just a few of the interesting offerings that appeal to a wide range of online viewers.



Ranker.com where you can share your thoughts by ranking just about anything, The Show Must Go Online, a digital project led by classical actor and director Robert Myle, where professional actors and experienced



amateurs are encouraged to take part in a weekly reading of Shakespeare's works and the public can follow along on YouTube. In fact YouTube has a wealth of offerings to while away any afternoon.

But don't forget, some exercise and in particular some stretching, then you can take a virtual tour through the Louvre at louvre.fr where there are any number of tours such as the Power Theatre in the Petite Galerie or Egyptian Antiquities. If you can't

quite make it to France this year then why not do the next best thing and go there on virtual tours.

In the great outdoors there are zoos and all things wonderful to see online. Here's an idea for keen gardeners, the Chelsea Flower Show at rhs.org.uk.



Such tours take in the best of each place, so enjoy. Take care, stay safe until we can again be out and about enjoying our wonderful U3A activities with our friends and tutors.

U3A JOB VACANCY FACEBOOK EDITOR

Our Facebook page provides relevant, interesting, entertaining and up to date information to our members. However, we do need another editor.

Our social media audience has increase markedly in recent years thanks to the efforts of our Facebook team led by Jim Hales. It would be great if someone could help by posting stories and photographs on the page so that members may interact on social media.

If you enjoy posting on Facebook, please consider volunteering to join the team, and help us build up an even stronger sense of community.

If you can contribute, please contact the president via email: president@u3asunshine.org.au or the communications officer at communication@u3asunshine.org.au.

Check out our Facebook page at facebook.com/u3asunshinecoast.



U3A SUNSHINE COAST NEEDS A

 **facebook. EDITOR**

If you enjoy posting news and pictures online then U3A Sunshine Coast would appreciate hearing from you about the Facebook Editor position.

Want to use your social media experience and would like to volunteer to be part of the U3A Sunshine Coast team then please let us know by contacting:

President Glyni Cumming - president@u3asunshine.org.au
John Armstrong - communication@u3asunshine.org.au

[Read our Social Media Policies and Procedures at u3asunshine.org.au](https://u3asunshine.org.au)



BIKE RIDERS BACK ON TRACK

CYCLISTS SHOW THEY HAVE THE RIGHT STUFF

Richard Schoch's bike-riding team showed what real cyclists are made of last week, with the group's third ride back after lockdown - and it was the group's first Winter ride.

Antarctic temperatures - well, 4 degrees C at the start - punishing hills from Mudjimba to Port Perry and a cracking pace - well, 16kph average and 24kph downhill - had the group of 13 craving for more. So, Captain Schoch grouped the fittest and best for a climb up Mt Coolum after the ride, when the double-shot coffees and mandatory rest period overlooking the ocean were finished.

The ride started at the Mudjimba Surf Club, where you can't see the surf from the clubhouse, heading north along foreshore bush bike paths, with dappled light and colder ground, then hills to get the legs pumping and lungs sucking in deep breaths, culminating in a great ocean and coastline view at Point Perry, Coolum Beach.

Following the obligatory Kodak moment, with JA as photog, guess what? Yep, back along the same track with everyone relishing the hills and tight turns that perhaps made some riders wonder why they left their warm bed at 6am for the drive to Mudjimba.

But No! Not one was heard to complain, else suffer a Mention in Despatches in Richard's post-ride report to the cycling world.

But wait, we get to do it again next Wednesday, from Moffatt Beach boat ramp carpark. Richard describes the ride as "across the back of Caloundra through Ben Bennett Botanical Park to Golden Beach, Pacific Waters and return (a few undulations)." The Captain's idea of a "few undulations" may need clarification but it will be enjoyable, as always.

And what will be the Captain's challenge this time: perhaps a swim leg to a sandbank off-shore.

Who knows!

SOUP N SOUL EVENT BACK ON IN BUDERIM

The Sunshine Coast Art Group's annual exhibition and art market is going ahead, thanks to easing of COVID regulations. Come along and meet the artists, enjoy some delicious homemade soups and grab a bargain. And how's this for an idea...you can warm up with a bowl of delicious homemade soup and you get to keep the pottery bowl as well!

Centrally located in lower Buderim, creative studios cover groups that specialise in painting, life drawing, sewing and pottery. There are self-help groups, classes and workshops and several bands that also do 'their thing'!

Each year the Soup n Soul event is a super cool fundraiser. Visitors may select from a truly amazing range of hand crafted and decorated ceramic bowls, have it filled with your choice of soup, have some yummy crusty bread to go with it ...and it's all for just \$10 for the medium and \$15 for the large size bowl. Plus, there's yummy sweet snacks for a little indulgence to go with tea or coffee.

The members are passionate craftspeople who love what they do and would love your support. The artwork on sale covers the full range from paintings to aprons and everything in between.

So while you're enjoying your soup or a cuppa you can browse what's on display, enjoy music to soothe your soul by our very own band 'Live Junction', and bag a bargain. And if that's not enough to entice you...there will also be live demonstrations by our members.

EFTPOS available. Everyone is welcome. Entry is free. Details: Soup n Soul Exhibition - Hosted by Sunshine Coast Art Group. Saturday 11 July - 9am - 3pm SCAG Club Rooms at 1 William Parker Place, Buderim. For more information please call Debra on 5456 2743.

Note: Please check COVID-19 rules closer to the date of the event.

Saturday 11th July 2020
9am to 3pm

SOUP N SOUL

EXHIBITION & ART MARKET

SOUP | POTTERY | PAINTING | FASHION SEWING | MUSIC & MORE

Sunshine Coast Art Group Club Rooms | William Parker Place, Buderim